

Class: _____

Pupil Name: _____

Week 1		Week 2		Week 3	
Mon.	<ol style="list-style-type: none"> 1. Roast chicken, mash, veg, gravy GLUTEN FREE, HALAL 2. Roast chicken mash and veg GLUTEN FREE, HALAL 3. Spaghetti Bolognese 4. Chicken curry on rice HALAL, GLUTEN FREE, LACTOSE 5. Tomato basil soup, brown roll VEGAN, HALAL, LACTOSE, VEGETARIAN 6. Tagliatelle with tomato and mascarpone VEGETARIAN, HALAL 7. GF spaghetti Bolognese GLUTEN FREE 	Mon.	<ol style="list-style-type: none"> 1. roast chicken with mash, veg & gravy GLUTEN FREE, HALAL 2. roast chicken with mash & veg GLUTEN FREE, HALAL 3. Chicken korma on rice HALAL, GLUTEN FREE, LACTOSE 4. leek and potato soup with brown roll VEGAN, HALAL, LACTOSE, VEGETARIAN 5. Butternut korma on rice GLUTEN FREE, VEGAN, HALAL, LACTOSE, VEGETARIAN 6. spicy meatballs on pasta LACTOSE 	Mon.	<ol style="list-style-type: none"> 1. Chargrilled mini chicken fillet, roasted baby potatoes & veg GLUTEN FREE, HALAL 2. Tagliatelle with tomato & mascarpone VEGETARIAN, HALAL 3. GF Pasta Bolognese GLUTEN FREE 4. Spaghetti Bolognese 5. Beef lasagne 6. Chargrilled mini chicken fillet, roasted baby potatoes, veg & gravy GLUTEN FREE, HALAL 6. Sweet chilli chicken noodles HALAL, LACTOSE
Tues.	<ol style="list-style-type: none"> 1. Chargrilled mini chicken fillet, roasted baby potatoes, veg, gravy GLUTEN FREE, HALAL 2. Cottage pie 3. Chargrilled mini chicken fillet, roasted baby potatoes, veg GLUTEN FREE, HALAL 4. Sweet chilli chicken noodles HALAL, LACTOSE 5. Cream of veg. Soup with GF roll GLUTEN FREE, VEGAN, HALAL, LACTOSE, VEGETARIAN 6. Chicken curry on rice HALAL, GLUTEN FREE, LACTOSE 7. Pasta Basilico VEGAN, VEGETARIAN, HALAL, LACTOSE 8. Cream of veg. Soup and brown roll VEGAN, HALAL, LACTOSE, VEGETARIAN 	Tues.	<ol style="list-style-type: none"> 1. Chargrilled mini chicken fillet with spicy potato chunks & green beans GLUTEN FREE, HALAL 2. Spaghetti Bolognese 3. Beef lasagne 4. Macaroni & cheese VEGETARIAN 5. Chicken curry on rice HALAL, GLUTEN FREE, LACTOSE 6. GF pasta Bolognese GLUTEN FREE 	Tues.	<ol style="list-style-type: none"> 1. Butternut Korma on rice GLUTEN FREE, VEGAN, HALAL, LACTOSE, VEGETARIAN 2. Tomato and basil soup and GF roll GLUTEN FREE, VEGAN, HALAL, LACTOSE, VEGETARIAN 3. Spicy meatballs on pasta LACTOSE 4. Tomato and basil soup & brown roll VEGAN, HALAL, LACTOSE, VEGETARIAN 5. Chicken Korma on rice HALAL, GLUTEN FREE, LACTOSE 6. Roast chicken with mash and veg GLUTEN FREE, HALAL 7. Roast chicken with mash, veg & gravy GLUTEN FREE, HALAL
Wed.	<ol style="list-style-type: none"> 1. Butternut korma on rice GLUTEN FREE, VEGAN, HALAL, LACTOSE, VEGETARIAN 2. Roast chicken with mash and veg GLUTEN FREE, HALAL 3. Roast chicken with mash, veg and gravy GLUTEN FREE, HALAL 4. Beef Bolognese on pasta spirals 5. Chicken korma on rice HALAL, GLUTEN FREE, LACTOSE 6. Mexican chilli beef wedges 	Wed.	<ol style="list-style-type: none"> 1. Sweet and sour chicken chunks on rice HALAL 2. Roast chicken with mash, veg and gravy GLUTEN FREE, HALAL 3. Spicy meatballs on pasta LACTOSE 4. Cottage pie 5. Cream of vegetable soup & brown roll VEGAN, HALAL, LACTOSE, VEGETARIAN 6. Roast chicken with mash and veg GLUTEN FREE, HALAL 	Wed.	<ol style="list-style-type: none"> 1. Chicken curry on rice HALAL, GLUTEN FREE, LACTOSE 2. Firecracker chicken on rice GLUTEN FREE, HALAL 3. Beef lasagne 4. Tagliatelle with tomato and mascarpone VEGETARIAN, HALAL 5. Macaroni and cheese VEGETARIAN 6. Chicken Ciabatta melt HALAL
Thur.	<ol style="list-style-type: none"> 1. Cream of veg. Soup and brown roll VEGAN, HALAL, VEGETARIAN, LACTOSE 2. Spaghetti Bolognese 3. GF pasta Bolognese GLUTEN FREE 4. Cod goujon with mash and veg HALAL 5. Chicken and broccoli bake 6. Chicken curry on rice HALAL, GLUTEN FREE, LACTOSE 7. Chickpea curry on rice VEGAN, GLUTEN FREE, VEGETARIAN, HALAL, LACTOSE 	Thur.	<ol style="list-style-type: none"> 1. Tomato and basil soup & brown roll VEGAN, HALAL, LACTOSE, VEGETARIAN 2. Spaghetti Bolognese 3. Tomato and basil soup & GF roll GLUTEN FREE, VEGAN, HALAL, LACTOSE, VEGETARIAN 4. Chicken curry on rice HALAL, GLUTEN FREE, LACTOSE 5. Tempura cod with roast potato chunks & veg HALAL 6. Chargrilled mini chicken fillet with spicy potato chunks & green beans GLUTEN FREE, HALAL 	Thur.	<ol style="list-style-type: none"> 1. Spaghetti Bolognese 2. GF Pasta Bolognese GLUTEN FREE 3. Gnocchi al Pomodoro HALAL, VEGETARIAN 4. Chicken Tikka Masala on Rice HALAL, GLUTEN FREE 5. Cod goujon with mash & veg HALAL 6. Beef stew with mash & veg
Fri.	<ol style="list-style-type: none"> 1. Chicken curry on rice HALAL, GLUTEN FREE, LACTOSE 2. Bangers and mash with peas and carrots 3. Bangers and mash with beans 	Fri.	<ol style="list-style-type: none"> 1. Ham and cheese ciabatta 2. Chicken ciabatta melt HALAL 3. Chicken curry on rice HALAL, GLUTEN FREE, LACTOSE 4. Italian job ciabatta 5. Calzone Ciabattini VEGAN, HALAL, LACTOSE, VEGETARIAN 	Fri.	<ol style="list-style-type: none"> 1. GF Pasta Basilico GLUTEN FREE, VEGAN, HALAL, LACTOSE, VEGETARIAN 2. Bangers and mash with peas and carrots 3. Sweet chilli chicken chunks on rice HALAL

4. Beef lasagne

5. Tomato and basil soup & brown roll VEGAN, HALAL, LACTOSE,
VEGETARIAN

6. Tagliatelle with tomato and mascarpone VEGETARIAN, HALAL

7. Vegetarian bangers and mash with veg. VEGETARIAN, GLUTEN FREE,
HALAL

6. GF Pasta Basilico GLUTEN FREE, VEGAN, HALAL, LACTOSE,
VEGETARIAN

4. Cream of vegetable soup & brown roll VEGAN,
HALAL, LACTOSE, VEGETARIAN

5. Chicken curry on rice HALAL, GLUTEN FREE, LACTOSE

6. Spinach and Ricotta Tortellini Pasta sauce
VEGETARIAN

7. Italian meatballs on spaghetti LACTOSE