

**Week 1: Monday**



**Roast Chicken with Mash, Veg & Gravy**



**Roast Chicken with Mash & Veg**



**Spaghetti Bolognese**



**Chicken curry on rice**



**Tomato & Basil Soup & Brown Roll**



**Tagliatelle with Tomato & Mascarpone**



**Gluten Free Spaghetti  
Bolognese**

**Week 1: Tuesday**



**Chargrilled Mini  
Chicken Fillet, Roasted  
Baby Potatoes, Veg,  
Gravy**



**Cottage Pie**



**Chargrilled Mini  
Chicken Fillet, Roasted  
Baby Potatoes, Veg**



**Sweet Chilli Chicken  
Noodles**



**Cream of Vegetable  
Soup & Gluten Free Roll**



**Chicken curry on rice**



**Pasta Basilico**



**Cream of Vegetable  
Soup & Brown Roll**

**Week 1: Wednesday**



**Butternut Korma on Rice**



**Roast Chicken with Mash & Veg**



**Roast Chicken with Mash, Veg & Gravy**



**Beef Bolognese on Pasta Spirals**



**Chicken Korma on Rice**



**Mexican Chilli Beef Wedges**

**Week 1: Thursday**

 <p><b>Cream of Vegetable Soup &amp; Brown Roll</b></p>	 <p><b>Spaghetti Bolognese</b></p>	 <p><b>Gluten Free Pasta Bolognese</b></p>
 <p><b>Cod Goujon with Mash &amp; Veg</b></p>	 <p><b>Chicken and Broccoli Bake</b></p>	 <p><b>Chicken Curry on Rice</b></p>



**Chickpea Curry on Rice**

**Week 1: Friday**



**Chicken Curry on Rice**



**Bangers and Mash with Peas and Carrots**



**Bangers and Mash with Beans**



**Beef Lasagne**



**Tomato and Basil Soup & Brown Roll**



**Tagliatelle with Tomato and Mascarpone**



**Vegetarian Bangers and Mash with Veg**

**Week 2: Monday**



**Roast Chicken with Mash, Veg & Gravy**



**Roast Chicken with Mash & Veg**



**Chicken Korma on Rice**



**Leek & Potato Soup with Brown Roll**



**Butternut Korma on Rice**



**Spicy Meatballs on Pasta**

**Week 2: Tuesday**



**Chargrilled Mini  
Chicken Fillet with Spicy  
Potato Chunks & Green  
Beans**



**Spaghetti Bolognese**



**Beef Lasagne**



**Macaroni & Cheese**



**Chicken Curry on Rice**



**Gluten Free Pasta  
Bolognese**

**Week 2: Wednesday**



**Sweet and Sour Chicken  
Chunks on Rice**



**Roast Chicken with  
Mash, Veg & Gravy**



**Spicy Meatballs on  
Pasta**



**Cottage Pie**



**Cream of Vegetable  
Soup & Brown Roll**



**Roast Chicken with  
Mash & Veg**

**Week 2: Thursday**



**Tomato and Basil Soup  
& Brown Roll**



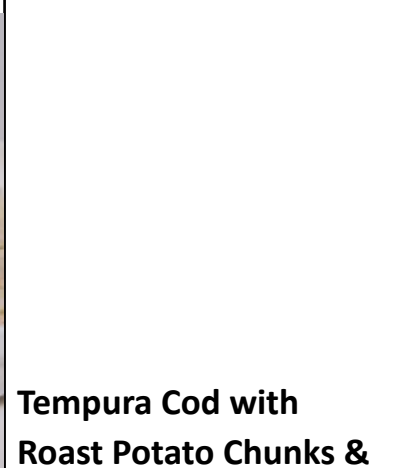
**Spaghetti Bolognese**



**Tomato and Basil Soup  
& Gluten Free Roll**



**Chicken Curry on Rice**



**Tempura Cod with  
Roast Potato Chunks &  
Veg**



**Chargrilled Mini  
Chicken Fillet with Spicy  
Potato Chunks & Green  
Beans**

**Week 2: Friday**



**Ham and Cheese  
Ciabatta**



**Chicken Ciabatta Melt**



**Chicken Curry on Rice**



**Italian Job Ciabatta**



**Calzone Ciabattini**



**Gluten Free Pasta  
Basilico**

**Week 3: Monday**



**Chargrilled Mini  
Chicken Fillet, Roasted  
Baby Potatoes & Veg**



**Tagliatelle with Tomato  
& Mascarpone**



**Gluten Free Pasta  
Bolognese**



**Spaghetti Bolognese**



**Beef Lasagne**



**Chargrilled Mini  
Chicken Fillet, Roasted  
Baby Potatoes, Veg &  
Gravy**



**Sweet Chilli Chicken  
Noodles**

**Week 3: Tuesday**



**Butternut Korma on Rice**



**Tomato and Basil Soup & Gluten Free Roll**



**Spicy Meatballs on Pasta**



**Tomato and Basil Soup & Brown Roll**



**Chicken Korma on Rice**



**Roast Chicken with Mash and Veg**



**Roast Chicken with  
Mash, Veg and Gravy**

**Week 3: Wednesday**



**Chicken Curry on Rice**



**Firecracker Chicken on Rice**



**Beef Lasagne**



**Tagliatelle with Tomato and Mascarpone**



**Macaroni and Cheese**



**Chicken Ciabatta Melt**

**Week 3: Thursday**



**Spaghetti Bolognese**



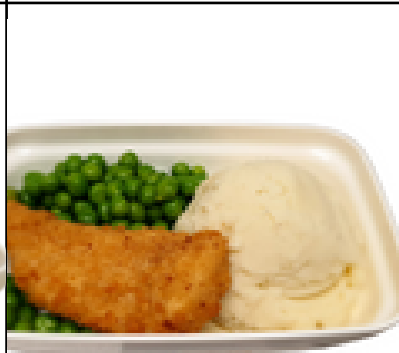
**Gluten Free Pasta  
Bolognese**



**Gnocchi al Pomodoro**



**Chicken Tikka Masala  
on Rice**



**Cod Goujon with Mash  
& Veg**



**Beef Stew with Mash &  
Veg**

**Week 3: Friday**



**Gluten Free Pasta  
Basilico**



**Bangers and Mash with  
Peas & Carrots**



**Sweet Chilli Chicken  
Chunks on Rice**



**Cream of Vegetable  
Soup & Brown Roll**



**Chicken Curry on Rice**



**Spinach and Ricotta  
Tortellini Pasta Sauce**



**Italian Meatballs on  
Spaghetti**